

## HEDIS® Measure: IET

### Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

#### Why is this measure important?

There are more deaths, illnesses and disabilities from substance abuse than from any other preventable health condition. Treatment of the medical problems caused by substance abuse places a huge burden on the health care system. While the identification of members with alcohol and other drug (AOD) dependence is an important first step in the process of care, identification often does not lead to initiation or to engagement in treatment. The IET measure yields two proxies to assess for quality outcomes after a provider identifies an AOD diagnosis: initiation and engagement in AOD treatment.

#### How are members identified for this measure?

The intake period for the measure is from January 1 - November 15 of the measurement year. Adolescents and adult members (13 years and older as of December 31st of the measurement year) with continuous Medicaid enrollment during the 60 days prior to the index episode through to the 44 days after the index episode are eligible. Members who were dually eligible at any time during the measurement year are excluded.

The index episode is the earliest inpatient, intensive outpatient, partial hospitalization, outpatient, detoxification, or ED encounter with an AOD diagnosis during the intake period. There must have been a period of 60 days before the index AOD diagnosis when the member had no claims/encounters with a diagnosis of AOD dependence.

#### How are initiation and engagement defined?

To meet the **criteria for initiation of AOD dependence treatment**, the member must have:

- + An inpatient or residential AOD admission OR
- + An ED visit, outpatient visit, intensive outpatient (IOP) encounter, or partial hospitalization (PHP) visit AND an additional AOD-related visit within 14 days of the index diagnosis.

To meet the **criteria for engagement in AOD dependence treatment**, following the initiation phase, the member must have:

- + Two or more additional outpatient visits, intensive outpatient (IOP) encounters, or partial hospitalization (PHP) visits, with a diagnosis of AOD dependence, within 30 days of the initiation visit.
- + Events that include inpatient detoxification or detoxification codes do not count towards initiation or engagement.

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).  
Beacon-CT is not a certified HEDIS® vendor

[To view and interact with the HEDIS® IET measure findings for Connecticut Medicaid members, please click here:](#)





# HEDIS® Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

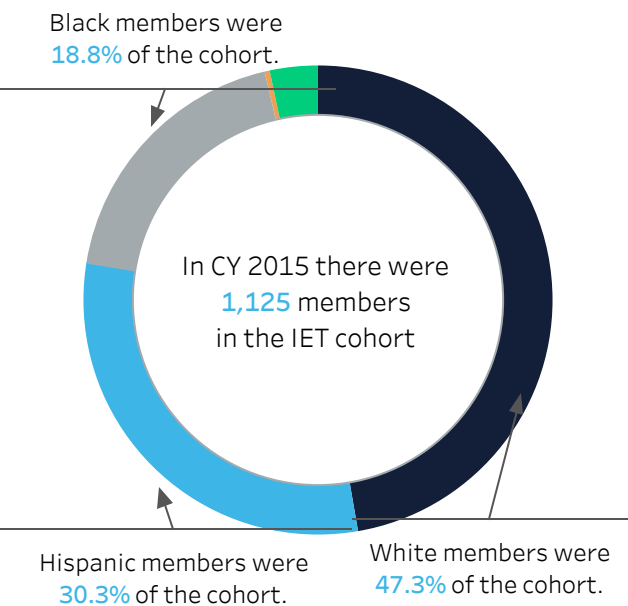
## an annual comparison of Connecticut Medicaid members

Beacon-CT is not a certified HEDIS® vendor


▼ **Start here.** Select a year to view IET results. To further understand the cohort population, select a demographic variable.

Choose a year: 2015      Select Demographic: Race/Ethnicity      Age Group: Adolescen..

Who was eligible for the measure in 2015?  
Hover for details



Click for additional demographic details about the CT IET data. ▶



▼ **How did Connecticut compare to National and Regional New England Medicaid rates?**

By selecting a comparison region and a percentile, you can view if Connecticut was above (blue) or below (orange) the percentile rate.

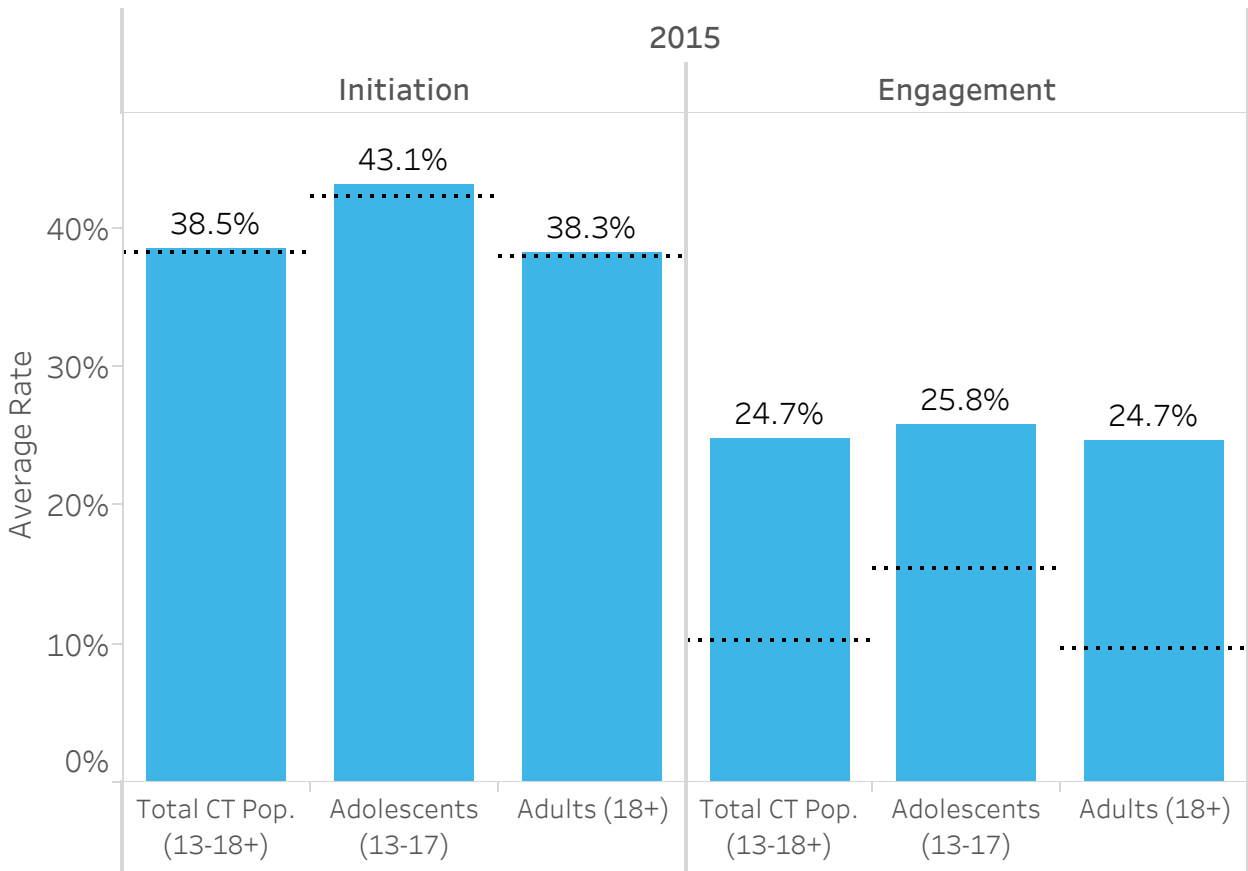
Choose a comparison:

- ☒ National  
☐ New England  
☐ Connecticut

Choose a percentile:

Overall Average

How did Connecticut compare to the National Overall Average Percentile Rate?



Most importantly, have there been any improvements (▲) from 2014 to 2015?

		Total (13-18+)	Adolescents (13-17)	Adults (18+)
Initiation	Connecticut	▲	▼	▲
	National	▲	▲	▲
	New England	▼	▼	▼
Engagement	Connecticut	▲	▼	▲
	National	▼	▲	▼
	New England	▼	▼	▼

What do these results mean for Connecticut?

- ✓ Connecticut adolescents had both higher initiation and engagement rates than adults in both 2014 and 2015.
- ✓ Overall, Connecticut Medicaid members had slightly higher initiation and engagement rates than the National Medicaid average in across 2014 and 2015.
- ✓ Compared to the New England Medicaid average, Connecticut had lower initiation rates, but higher average engagement rates in 2014. In 2015, this remained true except for with adolescents in which the Connecticut initiation rate was higher than the New England Medicaid average.
- ✓ Connecticut showed improvements in 2015 for the adult engagement and overall engagement rates; up about one percentage point from 2014.

Comparison of 2015 Annual Overall Medicaid IET Rates

		Total (13-18+)	Adolescents (13-17)	Adults (18+)
Initiation	Connecticut	38.5%	43.1%	38.3%
	National	38.2%	42.3%	37.9%
	New England	40.9%	36.6%	41.0%
Engagement	Connecticut	24.7%	25.8%	24.7%
	National	10.2%	15.4%	9.7%
	New England	16.7%	13.6%	16.8%

# HEDIS® Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

## Connecticut Rates by Demographic

▼ To further explore the specific initiation and engagement rates of various demographic subpopulations for a specific measurement year, select a year and desired demographic variable from the drop-down field below.

Choose a year:  
2015

Select Demographic:  
Race/Ethnicity

Age Group:  
Adolescents

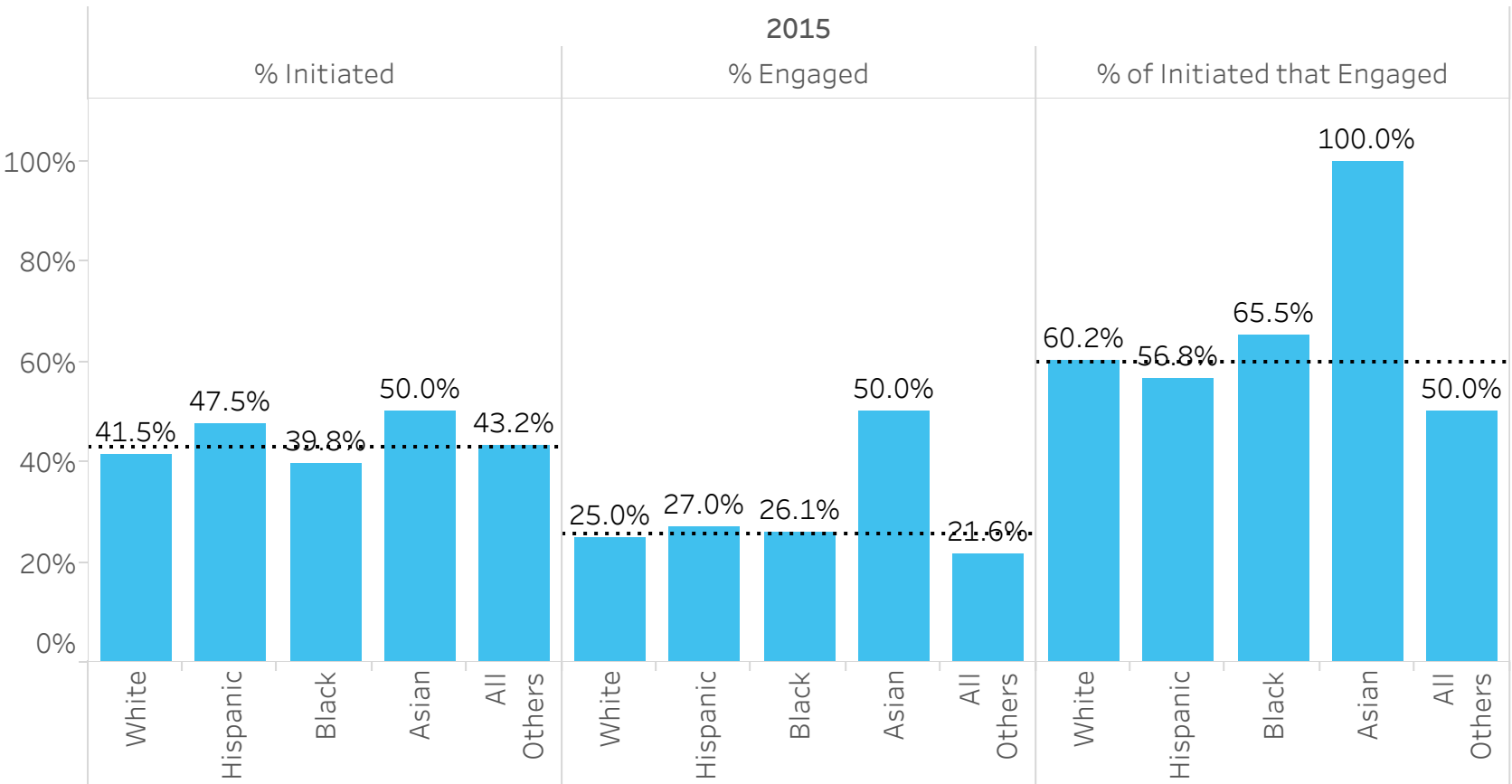
A Beacon Health Options-CT Dashboard



PHI free



Initiation and Engagement Rates by Race/Ethnicity for Adolescents for 2015  
Compared to the Connecticut Total Average (dotted reference line)



Corresponding Initiation & Engagement Table 2015: Adolescents Race/Ethnicity

		Member Count	% of Cohort	# Initiated	% Initiated	# Engaged	% Engaged	% of Initiated that Engaged
2015	White	532	47.3%	221	41.5%	133	25.0%	60.2%
	Hispanic	341	30.3%	162	47.5%	92	27.0%	56.8%
	Black	211	18.8%	84	39.8%	55	26.1%	65.5%
	Asian	4	0.4%	2	50.0%	2	50.0%	100.0%
	All Others	37	3.3%	16	43.2%	8	21.6%	50.0%
Total		1,125	100.0%	485	43.1%	290	25.8%	59.8%

# HEDIS® Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

## Connecticut Rates by Demographic

▼ To further explore the specific initiation and engagement rates of various demographic subpopulations for a specific measurement year, select a year and desired demographic variable from the drop-down field below.

Choose a year:  
2015

Select Demographic:  
DCF Involvement

Age Group:  
Adolescents

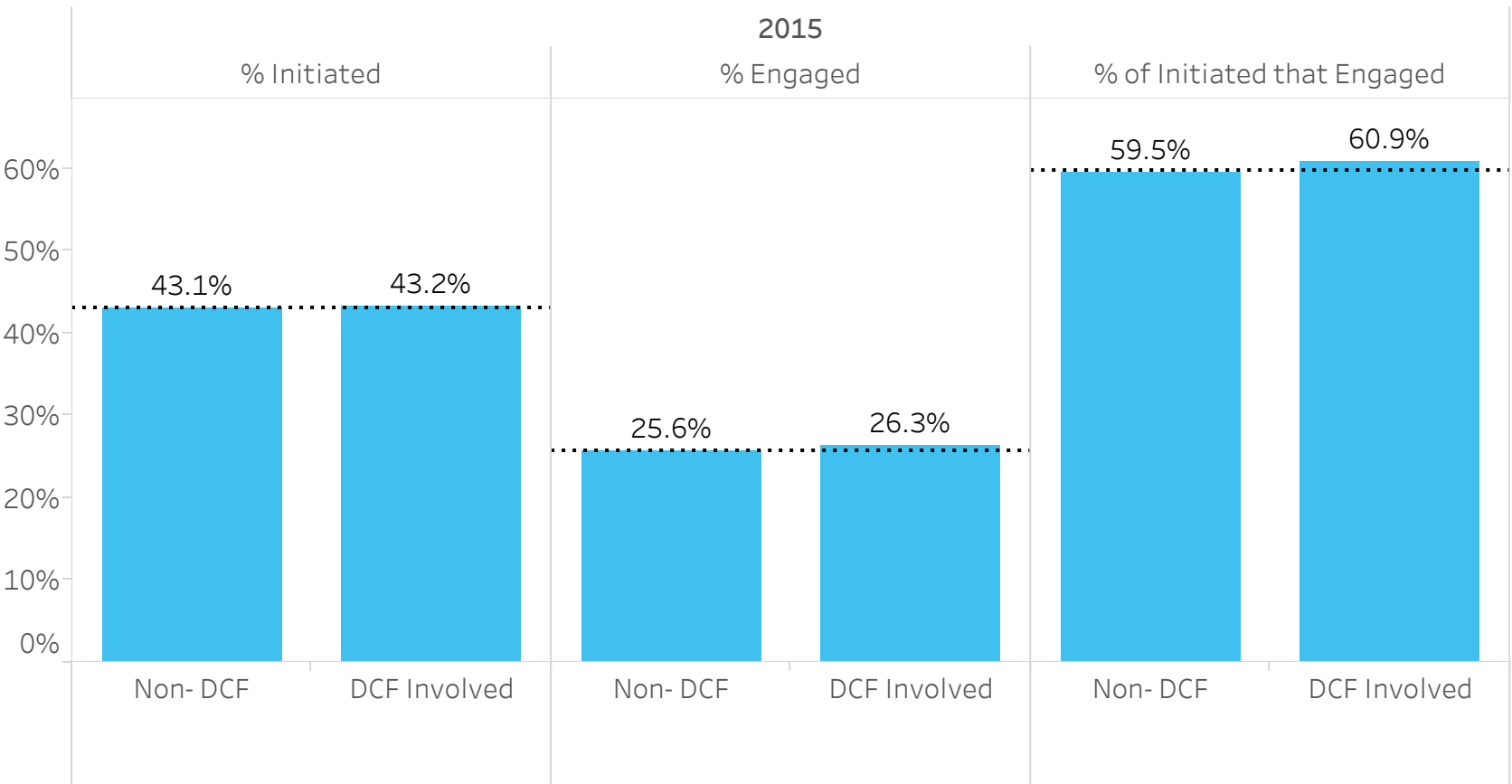
A Beacon Health Options-CT Dashboard



PHI free



Initiation and Engagement Rates by DCF Involvement for Adolescents for 2015  
Compared to the Connecticut Total Average (dotted reference line)



Corresponding Initiation & Engagement Table 2015: Adolescents DCF Involvement

		Member Count	% of Cohort	# Initiated	% Initiated	# Engaged	% Engaged	% of Initiated that Engaged
2015	Non- DCF	859	76.4%	370	43.1%	220	25.6%	59.5%
	DCF Involved	266	23.6%	115	43.2%	70	26.3%	60.9%
Total		1,125	100.0%	485	43.1%	290	25.8%	59.8%